

VERY HIGH

HIGH

MEDIUM

# LOCAL COVID ALERT LEVEL

# MEDIUM

<b>Social Contact</b>  Rule of six indoors and outdoors, in all settings.	<b>Weddings and Funerals</b>  Up to 15 guests for weddings and up to 30 guests for funerals, 15 for receptions, wakes and related ceremonies.	<b>Overnight Stays</b>  Overnight stays permitted subject to social contact rules.	<b>Working from home guidance</b>  Work from home where possible.
<b>Shopping and Retail</b>  Open.	<b>Leisure and gyms</b>  Open.	<b>Hospitality</b>  Open with some restrictions including 10pm closing time and table-service only.	<b>Entertainment and tourist attractions</b>  Open, except nightclubs and adult entertainment.
<b>Education</b>  Schools, FE colleges open. Universities must reflect wider restrictions.	<b>Healthcare Services</b>  Open.	<b>Residential Care</b>  Open to external visitors with additional precautions, subject to individual care provider guidance.	<b>Travel and Transport</b>  No travel restrictions within area. Avoid travel into Local COVID Alert Level Very High areas where possible.
<b>Sporting Activity</b>  Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).	<b>Worship</b>  Open, subject to social contact rules.	<b>Childcare</b>  Registered and wraparound childcare open. Supervised activities permitted in private homes. Children's groups permitted.	<b>Youth Clubs and Activities</b>  Permitted.

There are three simple actions we must all do to keep on protecting each other:



**Wash hands**  
keep washing your hands regularly



**Cover face**  
wear a face covering in enclosed spaces



**Make space**  
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:  
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)

Check the [local COVID alert level of your local area](#) to see which level applies to you.

VERY HIGH

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<b>Social Contact</b>  1 household / bubble indoors. Rule of six outdoors.	<b>Weddings and Funerals</b>  Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.	<b>Overnight Stays</b>  Overnight stays permitted subject to social contact rules.	<b>Working from home guidance</b>  Work from home where possible.
<b>Shopping and Retail</b>  Open.	<b>Leisure and gyms</b>  Open.	<b>Hospitality</b>  Open with some restrictions including 10pm closing time and table-service only.	<b>Entertainment and tourist attractions</b>  Open, except nightclubs and adult entertainment.
<b>Education</b>  Schools, FE colleges open. Universities must reflect wider restrictions.	<b>Healthcare Services</b>  Open.	<b>Residential Care</b>  Closed to external visitors other than in exceptional circumstances.	<b>Travel and Transport</b>  May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel into Local COVID Alert Level Very High areas where possible.
<b>Sporting Activity</b>  Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).	<b>Worship</b>  Open, subject to social contact rules.	<b>Childcare</b>  Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.	<b>Youth Clubs and Activities</b>  Permitted.

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### Social Contact



1 household / bubble in most locations, indoors and outdoors. Rule of six applies in some outdoors settings like parks, public gardens and sports courts.

### Weddings and Funerals



Up to 15 guests for weddings and up to 30 guests for funerals. 15 for wakes and related ceremonies. Wedding receptions not permitted.

### Overnight Stays



Those in area advised against overnight stays in other parts of UK. People outside area advised against overnight stays in area.

### Working from home guidance



Work from home where possible.

### Shopping and Retail



Open.

### Leisure and gyms



Any closures or additional restrictions subject to consultation.

### Hospitality



Pubs and bars must close except where they operate as a restaurant, meaning they can only serve alcohol with a substantial meal. Further closures subject to consultation.

### Entertainment and tourist attractions



Any closures / additional restrictions subject to consultation. Nightclubs and adult entertainment remain closed.

### Education



Schools, FE colleges open. Universities must reflect wider restrictions with option to move to greater online provision.

### Healthcare Services



Open.

### Residential Care



Closed to external visitors other than in exceptional circumstances.

### Travel and Transport



May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel where possible in or out of the affected area with exceptions including work and school.

### Sporting Activity



Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).

### Worship



Open, subject to social contact rules.

### Childcare



Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.

### Youth Clubs and Activities



Permitted.

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